

Scheurer Hospital Presents:

Goal to Stroll

- * 8 week walking program (May 2nd - June 27th, 2017) - No class May 30th, 2017
- * Registration: April 10th - April 27th, 2017
- * Cost: \$10
- * Weekly Meeting- Education & Walk
Tuesdays 4:30 - 5:00 pm - Beginner (can walk 5 - 10 minutes)
At the Scheurer Professional Center
- * All ages are welcome
- * Participants will receive:
pedometer, walking log & prizes
- * End goal: Walk 1 mile
- * Celebration Walk June 27th at the new
Scheurer Path to Fitness in Pigeon



For more information call Jeanne
989.453.5228

Scheurer
Better Health. Better Life.